A case of adhesive vulvitis
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A rare case of adhesive vulvitis which presented at
Karnatak Institute of Medical Sciences, is discussed here.
A 35 year old lady was admitted with complaints of
inability to have coitus and difficulty in passing urine
since last 5 years. She had white discharge associated
with itching and dyspareunia preceding the above
...:omplaint:., for a period of about two years, on and off,
for which she had taken vaginal
douche from a non-allopathic
doctor, the nature of which she was
unable to explain.
Her menstrual cycles were regular,
LMP-8 days back.
Obstetric history: Married life -
18 years.; Para3, Living 2; Last
deli very was 14 years back. Had
undergone tubectomy then. Her
first delivery was a forceps delivery
at KMC hospital. It was a fresh still
scar present over the abdomen. Labia majora were
atrophic and adherent in midline except for a small pin
hole opening anteriorly (through which patient said, she
was passing urine and menstrual flow). Labia minora,
vestibule, urinary meatus and clitoris were not visualised
because of fusion.
Per rectal examination: Uterus retroverted, bulky .
Parametrium free. With these
findings a clinical diagnosis of
adhesive vulvitis, probably
caused by the chemical douche
which she took from a non-allopathic practitioner, was
made.
Jrn baby. Following this. she
developed VVF for which she was
operated 3 months later with
success. She was advised elective
LSCS for her next deliveries. After
that she underwent two elective
sections.
Adhesive vulvitis-mould kept in place to prevent
re-adhesions
Operation: Under SA, fused
labia were incised along the
line of fusion. Raw areas over
the labia were approximated
with interrupted sutures.
Urethra -normal, Vagina -
healthy. Uterus anteverted,
normal size, fornices free.
Vaginal mould (Fig I) was
placed in the vagina which was
removed on 3'" post operative
On examination: Subumbilical median vertical healthy
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day. Patient's post operative
period was uneventful. She was
discharged after one week. She came for follow-up after
one month and on examination external genitalia were
found to be normal.